

## CUCC

Pastor  
Acting Associate Pastor  
Progressive Christian Education Director  
Office Administrator  
Pianist and Accompanist

Rev. Nicole Lamarche  
Rev. Jackie Hibbard  
Heather Bowler  
Alissa Kuster  
Alaina de Bellevue

To receive our weekly email announcements, sign up at [cuccboulder.org](http://cuccboulder.org).

### Announcement deadlines

e-news: Tuesday 10:00 AM Sunday bulletin: Thursday 10:00 AM  
ECHO: 27th of each month 12:00 PM

### Staff Contact Info

Rev. Nicole Lamarche, *Pastor*, is available by appointment Tue-Sat.  
720-805-4320 [revlamarche@cuccboulder.org](mailto:revlamarche@cuccboulder.org)

Rev. Jackie Hibbard, *Acting Associate Pastor*, covers pastoral needs on Mondays and is available by appointment. She is off on most Fridays. 720-320-7237 [pastoralassociate@cuccboulder.org](mailto:pastoralassociate@cuccboulder.org)

Heather Bowler, *Director of Progressive Christian Education*, is regularly available on weekday mornings. Contact her to schedule a meeting. She can be reached at 773-727-0206 or [pce@cuccboulder.org](mailto:pce@cuccboulder.org). For questions or information regarding the Youth Groups, please contact Heather.

Alissa Kuster, *Office Administrator*, is available by appointment Tue-Thur 9-2 and Fri 10-3, 303-499-9119 or [office@cuccboulder.org](mailto:office@cuccboulder.org)

*If you have a prayer request, please contact Rev. Nicole or Rev. Jackie by phone or email [prayer@cuccboulder.org](mailto:prayer@cuccboulder.org). Prayer requests are confidential and are prayed for actively and intentionally every day by the prayer ministry team. If your request is for the Pastors only, please indicate in your message. You may also add your prayer request into the comments section of any of the streamed or recorded worship services. If you wish to become a prayer partner, please contact Nicole or Deborah Hayes at 303-494-4458, [hayesd@colorado.edu](mailto:hayesd@colorado.edu). Everyone is welcome to participate.*

## WELCOME TO Community United Church of Christ Sunday, April 18th, 2021

<u>This Week</u>		
Today	8:30 am	Taize Service
	9-9:45 am	Breathing Underwater Book Club
	10:00 am	Traditional Service
	11:05 am	Mental & Emotional Wellness Series
	3-4:30 pm	Meditation with Horses
Tuesday	7:30 am	Breathing Space
	6:30-8 pm	Social Action Listening Circle
Wednesday	12-1 pm	Community Office Hours
	3:30 pm	CCC Meeting
	6:30-8:30 pm	Caring Ministry Meeting
	6:30 pm	Theology 101
Thursday	7:30 am	Breathing Space
	6-7:30 pm	Property Meeting
	7-9 pm	Spiritual Life Meeting
Friday	7-8:30 am	Men's Group
Saturday	10-11:30 am	PCE Commission Meeting
Sunday	11 am	Fourth Sunday Adult Forum
<u>Save the Date</u>		
April 27th	7 pm	Dismantling Racism
April 28th	6:30-8 pm	Social Action Meeting
April 29th	12-1 pm	Community Office Hours
May 16th		All-Church Picnic

## CUCC Announcements

**Learn the latest with the Rocky Mountain Conference of the United Church of Christ today after worship**

Join Pete Terpenning and others in a breakout to learn about changes in the structure that are expected to be voted on soon. We are a part of the Denver Metro Association and there are other Associations that make up our Conference. Hear about ongoing efforts to support our connections with the Wider Church.

**Mental & Emotional Wellness Series-Today, April 18, 11:05am**

Making Anxiety Your Superpower with Avani Dilger from Natural Highs.

Join us either on zoom or on the terrace for this special event appropriate for youth and adults. If you want to attend in person on the terrace, please register [here](#). Facial coverings required for those attending in person. In this presentation you will learn the latest science behind stress and anxiety. We will discuss and practice strategies that you can use in your daily life to manage stress and anxiety in productive ways. Bonus for those who join on the terrace - Receive a Free Acu-Detox/Acu-Wellness Treatment- For more information & research: [www.acudetox.com](http://www.acudetox.com)

**Meditation with Horses - Today, April 18 3:00-4:30pm**

Spend time up in Lyons with Rev. Jackie and her herd of horses. We'll be outside, socially distanced and masked experiencing various forms of meditation in the presence of horses. No experience with meditation or horses needed - just a curious and open mind and heart - the spirit and the horses take care of the rest! Pre-registration required - [pastoralassociate@cuccboulder.org](mailto:pastoralassociate@cuccboulder.org).

**Social Action Commission Gun Violence Listening Circle-April 20th**

The CUCC Social Action Commission will be listening to your feedback, ideas and responses to gun violence in our community in a series of listening circles. All are welcome to attend - registration is required for the April 20th meeting by using the registration link below (see Saturday email or e-news). We have been receiving some inspiring ideas for elevating our response to gun violence and want to hear from you so that we can have an informed and comprehensive approach. Please attend this session to hear what others are thinking and share your opinions and ideas.

**4th Sunday Adult Forum - April 25 after worship**

The Earth Action Team will offer a presentation after worship in honor of Earth Day. Join us! More information to follow.

**Dismantling Racism - April 27, 7pm on zoom**

We will be meeting on the 4th Tuesday of the month and for the next few months, we'll be utilizing the book *Me and White Supremacy* by Layla F. Saad. Discussion, personal journaling & exploration, and more! Please read and utilize the journal prompts for weeks 1 and 2 for our session. Register in advance for this meeting (see Saturday email or e-news). We have also started a google group for discussion and posting of events and articles related to anti-racism work. If you would like to receive an invitation to join the group, please email Rev. Jackie at [pastoralassociate@cuccboulder.org](mailto:pastoralassociate@cuccboulder.org).

**April 28th 6:30 p.m. Social Action Commission Meeting**

Register in advance for this meeting (see Saturday email or e-news) After registering, you will receive a confirmation email containing information about joining the meeting.

**April Justice Offering**

The Justice Offering for April will support Archway Housing and Services, a Rocky Mountain Conference mission ministry. CUCC's April offering will support Archway's extensive Family Services Program which helps low-income families in their transitions to self-sufficiency. Archway's website, [www.archwayhousing.org](http://www.archwayhousing.org), is worth visiting. You can add your donation to your monthly pledge, or give on the CUCC PayPal account.

**Updating our Open & Affirming Statement**

After our zoom hate crime last summer, several people mentioned interest in updating our Open and Affirming Statement. If you are interested in being part of this group, please contact Rev. Jackie at [pastoralassociate@cuccboulder.org](mailto:pastoralassociate@cuccboulder.org).

**Rev. Jackie's Annual Review**

We are now accepting feedback for Rev. Jackie's annual review. Please send to [moderator@cuccboulder.org](mailto:moderator@cuccboulder.org) by the end of the month.